

Food for the Body, Food for the Soul

Family Favorite Recipes from the St. Lad's Faith Community

*Our Dear Heavenly Father, we thank You for this food.
Feed our souls on the bread of life and
help us to do our part in kind words and loving deeds.
We ask in Jesus' name. Amen.*

Crispy Turkey Burgers

From the kitchen of Carole Bobal

1 pound 93% lean ground turkey
1 c. panko bread crumbs
1/2 c. shredded Monterey Jack cheese
1/4 c. mayonnaise
1/2 tsp. Salt
1/2 tsp. Pepper
1 T. vegetable oil
4 hamburger buns, toasted

Combine turkey, panko, cheese, mayonnaise, salt and pepper in bowl. Using your hands, pat turkey mixture into 4 patties. Season with additional salt and pepper (optional)

Heat oil in 12-inch nonstick skillet over medium heat until shimmering. Add patties and cook until well browned and meat registers 160 degrees, about 5 minutes per side.

Serve burgers on buns with favorite condiments.