

Food for the Body, Food for the Soul

Family Favorite Recipes from the St. Lad's Faith Community

*Our Dear Heavenly Father, we thank You for this food.
Feed our souls on the bread of life and
help us to do our part in kind words and loving deeds.
We ask in Jesus' name. Amen.*

Tortellini Salad

From the kitchen of Deb Cabal

1 pkg. Fresh or frozen tortellini. Cook as directed on package, drain and set aside to cool

Mix together:

16 oz. marinated artichokes, chopped

1 can garbanzo beans (chickpeas), drained

1 pkg. (8 oz.) sliced pepperoni

1 1/2 jars kalamata olives, pitted and drained

1 large sweet onion, chopped

2 8 oz. blocks of your favorite cheese cut into cubes (I like pepper jack and cheddar)

1 carton grape tomatoes

1 1/2 bottles Parmesan salad dressing or Feta Greek

Toss all together, salt and pepper to taste.