

Food for the Body, Food for the Soul
Family Favorite Recipes from the St. Lad's Faith Community

*Our Dear Heavenly Father, we thank You for this food.
Feed our souls on the bread of life and
help us to do our part in kind words and loving deeds.
We ask in Jesus' name. Amen.*

Ham and Cheese Sandwiches

From the kitchen of Rosemarie Evans

1 dozen kaiser rolls (buns)
1 1/2 pounds shaved ham
1/4 pound swiss cheese
1/2 pound butter
3 T. mustard
1 small onion, chopped
1 1/2 tsp. Poppy seeds
1 T. worcestershire sauce

Refrigerate last 5 ingredients for 1 1/2 hours

Spread mixture on buns, place equal amounts of ham and cheese on buns. Wrap each bun in foil and refrigerate.

Bake at 250 degrees for 1/2 hour to serve a warm sandwich.