

## **Food for the Body, Food for the Soul**

*Family Favorite Recipes from the St. Lad's Faith Community*

*Our Dear Heavenly Father, we thank You for this food.  
Feed our souls on the bread of life and  
help us to do our part in kind words and loving deeds.  
We ask in Jesus' name. Amen.*

### **Chicken Pot-not-pie**

From the kitchen of Deb Cabal

2 boneless, skinless chicken breasts  
8 oz. frozen mixed vegetables  
2 cans Campbell's cream of chicken soup  
1/2 tsp. Black pepper

Cut chicken to bite size pieces and place in slow cooker. Add other ingredients and slightly stir to mix together a bit. Cook 8 hours on low.

Serve with fresh hot biscuits or corn bread.

Serves 2-3, easy to adjust to serve more or less.