

Food for the Body, Food for the Soul

Family Favorite Recipes from the St. Lad's Faith Community

*Our Dear Heavenly Father, we thank You for this food.
Feed our souls on the bread of life and
help us to do our part in kind words and loving deeds.
We ask in Jesus' name. Amen.*

Irish Creme Liqueur

From the kitchen of Mary Ellen O'Shea

We would make this for Holidays or special occasions. Sometimes we would add coffee to the creme.

4 eggs
1 pt. whipping cream
½ can Eagle Brand Sweetened Condensed Milk
½ tsp. Almond extract
2 tsp Nestle's Quick
½ tsp mint extract
1 c. Irish Whiskey

Blend eggs in a blender on 'whip' for 5 minutes. Slowly add cream and 'whip' for 3 minutes. Add condensed milk, almond extract, mint extract and Nestle's Quick and blend for 5 minutes. Add whiskey and blend for 2 minutes.

Store tightly-covered in the refrigerator. Enjoy!